

CREATES Quiz
Are You a *Deliberate* or a *Spontaneous* Thinker?
 Shelley Carson, PhD

1. Do you have a good sense of time or do you find that you often lose track of time? a. good sense of time b. often lose track of time																					
2. When someone proposes a new project, are you able to immediately see what might go wrong? a. yes b. no																					
3. Are you particularly good at spelling? a. yes b. no																					
4. Do you find it hard to get hooked into the story of a movie or novel? a. yes b. no																					
5. Do you consider the following statement to be true or false: "Everything is connected to everything else." a. true b. false																					
6. Do you tend to spend a considerable amount of time daydreaming? a. yes b. no																					
7. When you walk into a room, can you quickly notice is something is out of place? a. yes b. no																					
8. Would others describe you as a "go-getter"? a. yes b. no																					
9. Do you have trouble filtering out distracting noises? a. yes b. no																					
10. Do you often have periods where ideas chase each other in your head so fast you can hardly keep track of them? a. not really b. definitely																					
<table style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 50%; text-align: center;">P</td><td style="width: 50%; text-align: center;">P</td></tr> <tr><td style="text-align: center;">P</td><td style="text-align: center;">P</td></tr> <tr><td style="text-align: center;">P</td><td style="text-align: center;">P</td></tr> <tr><td style="text-align: center;">P</td><td style="text-align: center;">P</td></tr> <tr><td style="text-align: center;">PPPPPPPPPP</td><td></td></tr> <tr><td style="text-align: center;">P</td><td style="text-align: center;">P</td></tr> <tr><td style="text-align: center;">P</td><td style="text-align: center;">P</td></tr> <tr><td style="text-align: center;">P</td><td style="text-align: center;">P</td></tr> <tr><td style="text-align: center;">P</td><td style="text-align: center;">P</td></tr> </table>	P	P	P	P	P	P	P	P	PPPPPPPPPP		P	P	P	P	P	P	P	P	11. When you looked at the diagram to the right, which letter did you notice first? <div style="text-align: center; margin-top: 20px;"> <table style="display: inline-table; border: none;"> <tr> <td style="padding: 0 10px;">a. P</td> <td style="padding: 0 10px;">b. H</td> </tr> </table> </div>	a. P	b. H
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12. When you read a magazine article, do you tend to skim the article looking for the main points or do you tend to read the article from the beginning word for word? a. skim b. word for word																					
13. Do you sometimes believe you may be psychic? a. yes b. no																					

For each of the following answers, give yourself one "S" point: 1 b, 2 b, 3 b, 4 b, 5 a, 6 a, 7 b, 8 b, 9 a, 10 b, 11 b, 12 b, and 13 a.

For each of the following answers, give yourself one "D" point: 1 a, 2 a, 3 a, 4 a, 5 b, 6 b, 7 a, 8 a, 9 b, 10 a, 11 a, 12 a, and 13 b.

If you have more D points, you tend to be a *deliberate* thinker. If you have more S points, you tend to be a *spontaneous* thinker.